

Take Notes

During Your Appointment

1. My doctor said I have (new diagnosis, disease or condition) _____

2. My doctor wants me to start or change the following medicines:

Medicine name	How much should I take?	When/how often?

3. My doctor wants me to stop (list medicine, smoking, certain foods, alcohol, etc.) _____

4. My doctor wants me to start (list exercise, special diet, treatment, therapy, etc.) _____

5. My doctor wants me to see a specialist

Doctor's name Phone number	When?	For what?

6. My tests today showed:

Name of test	Result	Doctor's recommendation

7. Other things my doctor told me _____

8. My doctor wants me to come back OR call back on _____